Connect

Attend Yale Worklife Programs
Events and workshops provide information on parenting and balancing work, academic obligations and homelife. yale.edu/worklife

Join McDougal GSL Parents Facebook Group
Join the “Yale Grad Parents with Children” Facebook Group to connect & share
Follow @McDougalGSL on Facebook and on Instagram

FAMILY-FRIENDLY EVENTS & PARENTING WORKSHOPS
Meet other grad student parents and families for fun and support at McDougal GSL events. McDougal Family Fellows plan monthly family events, parenting workshops and special events and outings during the academic year. Come enjoy farm trips, holiday parties, arts and crafts, wellness programs and more. Fellows plan workshops for graduate parents and spouses on various parenting topics of interest, from sleep training and discipline to infant massage.

As a GSAS student parent, you have access to family-friendly programs and resources, health coverage, parental relief, family support, graduate housing options, worklife programs and McDougal Graduate Student Life family activities and facilities.

Advice & Assistance
GSAS Assistant Dean for Student Affairs Lisa Brandes is available for additional information and referral as well as for confidential advice and advocacy on family and personal issues for Graduate School students and their families.

Contact: 203-432-BLUE (2583)
Office: McDougal Center, 135 Prospect Street, Room 185. Lisa.brandes@yale.edu

McDougal Graduate Student Center
135 Prospect Street, upper level
203-432-2583
https://gsas.yale.edu/life-yale/mcdougal-graduate-student-center

Resources & Services
gsas.yale.edu/life-yale/partners-families
**Childcare**

Yale.edu/worklife

- **Childcare Directory**
  Access lists of Yale-affiliated and/or local childcare centers, family daycares and preschools. Contact Worklife manager for Referrals and consultation Worklife@yale.edu

- **Back Up Care**
  Use up to 40 hours a year of subsidized in-home care for when your regular childcare provider is unavailable; this can also assist when you travel with children to conferences.

- **Yale Babysitting Services**
  Find Yale students to babysit, with tips on hiring and working with local babysitters.

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**MCDOUGAL CENTER - FAMILY FRIENDLY FACILITIES**

**McDougal Lactation Room** Watson B63 is a private space for nursing and lactation. Email mcdougal.center@yale.edu for ID card access.

**Baby Changing Tables** in both the women’s and men’s restrooms on the upper level.

**High Chairs & Boosters** in Common Room.

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**STUDENT FAMILY HEALTH COVERAGE**

All FT Yale students are enrolled automatically in Yale Health (YH) Basic coverage. Yale students can enroll their legally married Spouses-Partners and/or any dependent children up to age 26 in Yale Health for high quality comprehensive care. GSAS Ph.D. students receive a Health Award for single student Hosp/Specialty/RX coverage and are eligible for Health Award to cover the full cost of the Yale Health plan for dependent children, and half the cost for legally married spouses/partners. Enroll and re-enroll family members in YH by Sept. 15 annually.

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**FAMILY SUPPORT POLICY**

An annual subsidy of $4,500 is available to Ph.D. students with a child of any age, thanks to advocacy by the GSA. Parents can decide how best to use this funding – for the remaining YH coverage cost for a spouse, childcare or any other family needs. For additional children under the age of six, an annual subsidy of $1,000 per child also is available to Ph.D. students. Apply online.

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**PARENTAL SUPPORT & RELIEF**

GSAS offers parental relief for all Ph.D. students, which includes relief from academic, research and/or teaching duties for 8-16 weeks for the birth or adoption of a child, with continued registration, stipend support and health coverage, and extension of time to degree. Parents receive modified departmental academic expectations that best suit the specific situation. GSAS students in terminal M.A./M.A.S./M.S. programs may modify their academic responsibilities due to birth/adoption of a child. A traditional parental leave of absence also is available for all students. See the GSAS Associate Dean four months prior to the child’s arrival date.

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**Housing**

**Graduate Housing On Campus**
On-campus apartments for students with children are available. Supply is limited; apply http://gradhousing.yale.edu starting April 23.

**Yale-Affiliated Housing** - elmcampus.com
Many university owned but privately managed rental units are well appointed for couples and families with children, with playgroups.

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**Online Resources**

- **Yale Health**: yalehealth.yale.edu
- **Childcare & Worklife**: www.yale.edu/worklife
- **Family Support**: gsas.yale.edu/funding-aid/fellowships/
- **Parental Relief**: gsas.yale.edu/academics/programs-policies
- **McD GSL Events**: Yaleconnect.yale.edu

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**Facebook Group**: YaleGradStudentFamilies

**Facebook**: Facebook.com/mcdougalgradlife

**Instagram**: Instagram.com/mcdougalgsl

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